St. Thomas Optimist Softball

- 1. Emphasis is to be placed on learning the fundamentals of the sport, good sportsmanship, and having fun.
- 2. Diamonds will be prepped by City Staff ahead of Games
- 3. There will be no umpires assigned Coaches are responsible for calling fair/foul and directing players
- 4. Coaches are responsible for placing bases into sleeves before the game (first coach to arrive)
- 5. "Home" team coach is responsible for returning bases to equipment bins after each game
- 6. There will be no score kept and no forfeits at this level
- 7. All players will play offense and defense each inning
- 8. Minimum of two innings to be played per game
- 9. No innings will begin after 60 minutes from the start of the game
- 10. All players will bat when their team is playing offense no outs are recorded
- 11. A player will receive a maximum of five pitches (coach-pitch) and then must use the tee
- 12. Coaches will pitch from a minimum distance of 10 feet from the plate
- 13. The area marked 10 feet from the plate toward the pitcher is considered a "dead-ball" zone
- 14. If the ball is hit foul or within the dead ball zone the player will bat again until a fair ball is hit
- 15. Base-runners will advance one base per batter until the final batter has hit
- 16. When the final batter has hit, all runners advance to home
- 17. Only base-runners will be allowed to stand on bases
- 18. Stealing bases is not allowed
- 19. All players will take the field when their team is playing defense no one on the bench
- 20. Coaches or parents may assist with batting and/or fielding as needed
- 21. Fielding players must be positioned at base distance or farther and may not enter the 10 ft dead-ball zone to field a hit ball
- 22. Catcher must wear the leg guards, chest protector, and catcher's helmet
- 23. Catcher must be positioned at least 5 ft behind home plate
- 24. Batters/base-runners must wear a helmet with face mask until they have entered the dugout
- Ball: 9" soft core ball

Pitcher: No closer than 10 ft dead ball zone

Dead Ball Zone: A circular arch measured from home plate to 10 feet

Base Distance: 45 feet